

# March / Marzo

# 2019



Classes are free and open to the community / Clases son gratis y abiertas a la comunidad

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 10:00 am Cooking Demo Elif  3:30 pm Cooking Demo Theresa
4	5 12:30pm Cooking Demo Aly/Santana	6 2:00pm Cooking Demo Patricia	7 12:30 pm Cooking Demo Lillian	8 10:00 am Cooking Demo Elif
11 10:00 am Cooking Demo Candy	12 10:00am Cooking Demo Sylvia  12:30pm Cooking Demo Aly/Santana	13	14 3:30 pm Cooking Demo Temple Akiba	15 3:30pm Cooking Demo Camillia
18 10:00 am Cooking Demo Vanessa M.  3:00 pm Cooking Demo Jessica	19	20 3:00pm Cooking Demo Patty	21 3:30 pm Cooking Demo Maria	22 10:00 am Cooking Demo Elif  3:30 pm Cooking Demo Theresa
25 10:00am Cooking Demo Rigo	26 9:30 am Cooking Demo Luz	27 3:00pm Cooking Demo Vanessa F.	28 3:30 pm Cooking Demo Temple Akiba	29 VFC HOLIDAY ~ * ~ * ~ Clinic Closed Clinica Cerrada

All cooking classes are taught at / Todas las clases de cocinar serán en

**Irma Colen Health Center, 4700 Inglewood Blvd., Culver City, CA 90230**

*Classes subject to change / Clases son disponibles a cambiar*

**Health Education Department / Departamento de Educación de Salud (310) 664-7525**