

November 2017 / Noviembre 2017

Classes are free and open to the Community/ Clases son gratis y están disponibles a la comunidad

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 10:30 am Cooking Demo Elyana/Kayla 3:30 pm Cooking Demo Elizabeth	3 10:30 am Cooking Demo Ariana 3:00 Cooking Demo Melissa
6 10:30 am Cooking Demo Ariana	7 3:00 pm Cooking Demo Rosemarie	8 11:00 am Cooking Demo Stephanie 3:30 pm Cooking Demo Elizabeth	9 10:30 am Cooking Demo Elyana/kayla 3:30 pm Cooking Demo Temple Akiba	10 VFC HOLIDAY ~*~*~*~*~*~* CLINIC CLOSED CLINICA CERRADA
13	14 3:00 pm Cooking Demo Rosemarie	15 11:00 am Cooking Demo Stephanie	16 10:30 am Cooking Demo Elyana/Kayla 3:30 pm Cooking Demo Elizabeth	17 10:30 am Cooking Demo Ariana 6-7:30pm Kitchen-In-a Bag Vanessa
20 10:30 am Cooking Demo Ariana	21 3:00 pm Cooking Demo Rosemarie	22 3:30pm Cooking Demo Elizabeth	23 VFC HOLIDAY ~*~*~*~*~*~* CLINIC CLOSED CLINICA CERRADA	24 VFC HOLIDAY ~*~*~*~*~*~* CLINIC CLOSED CLINICA CERRADA
27	28 3:00 pm Cooking Demo Rosemarie	29 11:00 am Cooking Demo Stephanie	30 10:30 am Cooking Demo Elyana/Kayla 3:30 pm Cooking Demo Elizabeth	

**All cooking classes are taught at / Todas las clases de cocinar serán en
Lou Colen Children's Health & Wellness Center, 4700 Inglewood Blvd., Culver City , CA 90230**

Classes subject to change/Clases son disponibles a cambiar
For updated schedule/ Para horarios actualizados, favor de llamar al 310-664-7525